

Pray for Unity (15 Minutes)

Ephesians 4:1–6 (ESV) — **1** I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, **2** with all humility and gentleness, with patience, bearing with one another in love, **3** eager to maintain the unity of the Spirit in the bond of peace. **4** There is one body and one Spirit—just as you were called to the one hope that belongs to your call— **5** one Lord, one faith, one baptism, **6** one God and Father of all, who is over all and through all and in all.

Ephesians 4:11–16 (ESV) — **11** And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, **12** to equip the saints for the work of ministry, for building up the body of Christ, **13** until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, **14** so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. **15** Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, **16** from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

1 Peter 3:8 (ESV) — 8 Finally, all of you, have unity of mind, sympathy, brotherly love, a tender heart, and a humble mind.

Philippians 2:1–8 (ESV) — 1 So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, 2 complete my joy by being of the same mind, having the same love, being in full accord and of one mind. 3 Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. 4 Let each of you look not only to his own interests, but also to the interests of others. 5 Have this mind among yourselves, which is yours in Christ Jesus, 6 who, though he was in the form of God, did not count equality with God a thing to be grasped, 7 but emptied himself, by taking the form of a servant, being born in the likeness of men. 8 And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.

James 4:6 (ESV) — **6** But he gives more grace. Therefore it says, "God opposes the proud but gives grace to the humble."

James 4:10 (ESV) — 10 Humble yourselves before the Lord, and he will exalt you.

Colossians 3:12–15 (ESV) — **12** Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, **13** bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. **14** And above all these put on love, which binds everything together in perfect harmony. **15** And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

Pray for Protection (15 Minutes)

Ephesians 6:10–20 (ESV) — 10 Finally, be strong in the Lord and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil. 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

1 Peter 5:8–11 (ESV) — 8 Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. 9 Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. 10 And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. 11 To him be the dominion forever and ever. Amen.

Romans 8:31–32 (ESV) — 31 What then shall we say to these things? If God is for us, who can be against us? 32 He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?

2 Corinthians 10:2–6 (ESV) — **2** I beg of you that when I am present I may not have to show boldness with such confidence as I count on showing against some who suspect us of walking according to the flesh. **3** For though we walk in the flesh, we are not waging war according to the flesh. **4** For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. **5** We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, **6** being ready to punish every disobedience, when your obedience is complete.

Pray for Endurance(10-15 Minutes)

- James 1:2–4 (ESV) 2 Count it all joy, my brothers, when you meet trials of various kinds, 3 for you know that the testing of your faith produces steadfastness. 4 And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.
- **1 Peter 1:6–9 (ESV) 6** In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, **7** so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ. **8** Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory, **9** obtaining the outcome of your faith, the salvation of your souls.
- **1 Peter 4:12–13 (ESV) 12** Beloved, do not be surprised at the fiery trial when it comes upon you to test you, as though something strange were happening to you. **13** But rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed.
- Romans 5:3–5 (ESV) 3 Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, 4 and endurance produces character, and character produces hope, 5 and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.
- 2 Corinthians 1:3–7 (ESV) 3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. 5 For as we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too. 6 If we are afflicted, it is for your comfort and salvation; and if we are comforted, it is for your comfort, which you experience when you patiently endure the same sufferings that we suffer. 7 Our hope for you is unshaken, for we know that as you share in our sufferings, you will also share in our comfort.
- **2 Corinthians 6:3–10 (ESV) 3** We put no obstacle in anyone's way, so that no fault may be found with our ministry, **4** but as servants of God we commend ourselves in every way: by great endurance, in afflictions, hardships, calamities, **5** beatings, imprisonments, riots, labors, sleepless nights, hunger; **6** by purity, knowledge, patience, kindness, the Holy Spirit, genuine love; **7** by truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; **8** through honor and dishonor, through slander and praise. We are treated as impostors, and yet are true; **9** as unknown, and yet well known; as dying, and behold, we live; as punished, and yet not killed; **10** as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, yet possessing everything.
- **Hebrews 12:1–2 (ESV) 1** Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, **2** looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.